Grand Saline High School Breakfast

Eat Breakfast! It's the most important meal of the day!

FOOD GROUPS	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
	Omelet w/Toast	Sausage Mcgriddle	French Toast Sticks	Breakfast Pizza Bites	Sausage & Biscuit
ENTRÉE	Assorted Muffin	Cinnamon Roll	Kolache	Dutch Waffle	Pancake Sausage on a Stick
(Grains/Meat)	Assorted Cereals w/ Graham	Assorted Cereals w/ Graham	Assorted Cereals w/ Graham	Assorted Cereals w/ Graham	Assorted Cereals w/ Graham
· ·	Crackers	Crackers	Crackers	Crackers	Crackers
	Grab & Go 2nd Chance	Grab & Go 2nd Chance	Grab & Go 2nd Chance	Grab & Go 2nd Chance	Grab & Go 2nd Chance
SIDES			Sausage	Sausage	
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FRUIT	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit	Fresh, Canned or Frozen Fruit
FRUIT	Assorted Fruit Juices	Assorted Fruit Juices	Assorted Fruit Juices	Assorted Fruit Juices	Assorted Fruit Juices
MILK	1% White, Skim Flavored	1% White, Skim Flavored	1% White, Skim Flavored	1% White, Skim Flavored	1% White, Skim Flavored
CONDIMENTS	Jelly		Syrup		Syrup
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	FOUR DIFFERENT ENTRÉES OFFERED DAILY	STUDENTS MUST CHOOSE 3 ITEMS FROM THE 4 FOOD GROUPS LISTED. ONE MUST BE A FRUIT OR JUICE.	MOST ENTRÉES COUNT AS TWO ITEMS		MENUS ARE SUBJECT TO CHANGE DUE TO PRODUCT AVAILABILITY